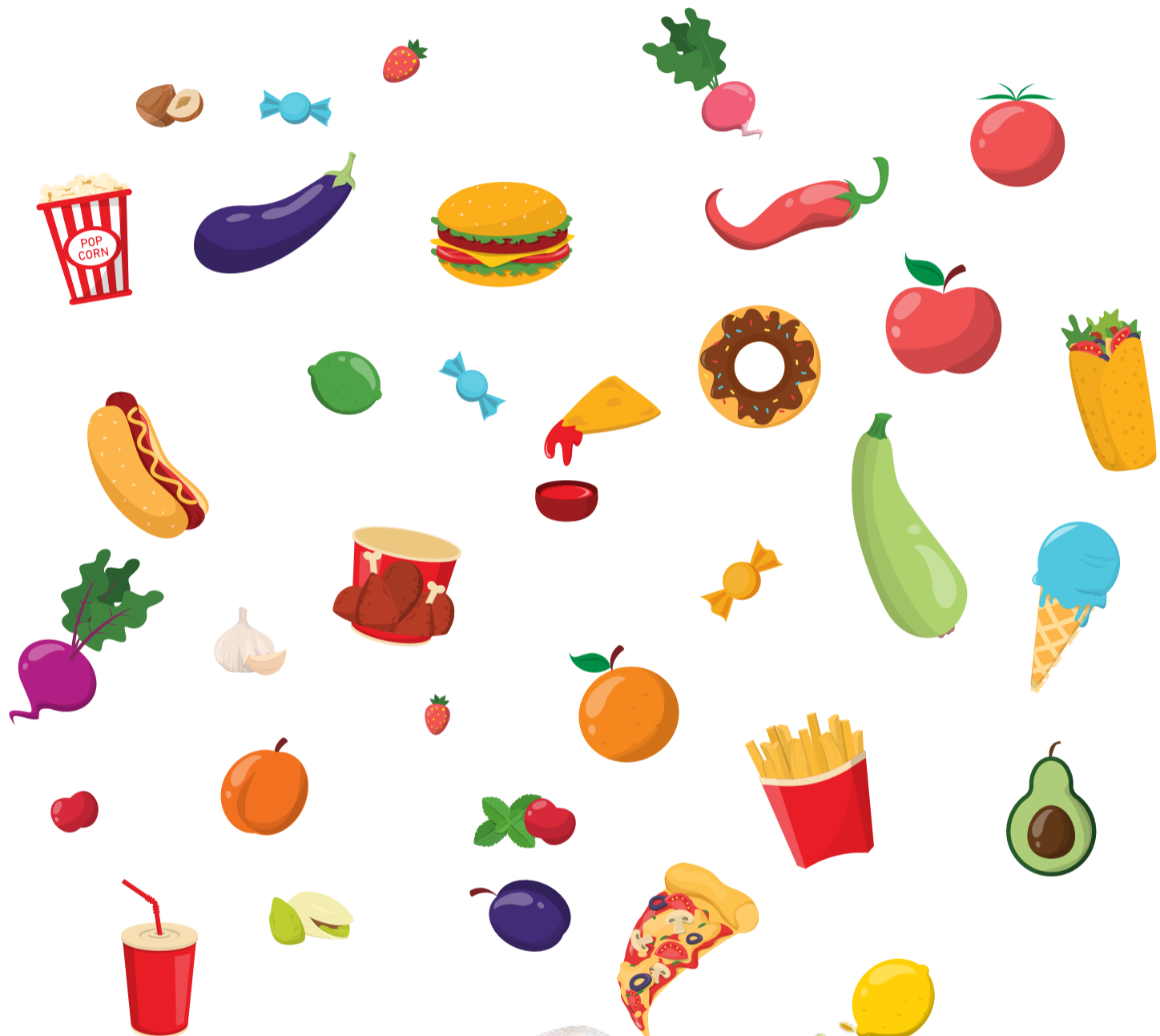


GOOD FOOD OR NOT SO GOOD?

Circle all the healthy foods you find. Try to name them too!



WHAT'S YOUR **30**?
30 MINUTES. 30 DAYS.



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