

GOLF IS GOOD - DUBAI FITNESS CHALLENGE

Venue	Activation	Date	Time	How to book
Arabian Ranches Golf Club	Speed Golf on the Par 3 course (time + score) - Experienced Golfers	Wednesday 26 November	1300 - 1600	Email: btodd@arabianranchesgolf.ae
	Group Class 1 hour clinic - Beginners	Wednesday 26 November	1500 - 1600	
Dubai Creek Resort	Golf Swing Fundamentals Group lesson - All standards	Friday 14 November	1800 - 1830	Email: Golf.Academy@hyatt.com
	Golf Swing Fundamentals Group lesson - All standards	Sunday 16 November	1200 - 1230	
	Golf Swing Fundamentals Group lesson - All standards	Friday 21 November	1800 - 1830	
	Golf Swing Fundamentals Group lesson - All standards	Sunday 23 November	1400 - 1430	
	Golf Swing Fundamentals Group lesson - All standards	Friday 28 November	1800 - 1830	
	Golf Swing Fundamentals Group lesson - All standards	Sunday 30 November	1400 - 1430	
Dubai Hills Golf Club	One hour group coaching - All standards	Saturday 15 November	1200 - 1300	https://dubai30x30challengelesson.timetap.com
	Two hour complimentary practice time - All standards	Saturday 15 November	1300 - 1500	
	One hour group coaching - All standards	Saturday 22 November	1200 - 1300	
	Two hour complimentary practice time - All standards	Saturday 22 November	1300 - 1500	
	One hour group coaching - All standards	Saturday 29 November	1200 - 1300	
	Two hour complimentary practice time - All standards	Saturday 29 November	1300 - 1500	
Emirates Golf Club	Short Game Group Golf lesson - All standards	Friday 14 November	1800 - 1830	Email: eacademy@dubaigolf.com
	Long Game Group Golf Lesson - All standards	Sunday 16 November	1800 - 1830	
	Short Game Group Golf lesson - All standards	Friday 21 November	1800 - 1830	
	Long Game Group Golf Lesson - All standards	Sunday 23 November	1800 - 1830	
	Short Game Group Golf lesson - All standards	Friday 28 November	1800 - 1830	
	Long Game Group Golf Lesson - All standards	Sunday 30 November	1800 - 1830	
Five Iron Golf UAE	One Hour Golf Simulator Time - All Standards welcome	Monday 10 November	1200 - 1300	Please call (04) 396 6867
		Tuesday 11 November	1200 - 1300	
		Wednesday 12 November	1200 - 1300	
		Thursday 13 November	1200 - 1300	
		Monday 17 November	1200 - 1300	
		Tuesday 18 November	1200 - 1300	
		Wednesday 19 November	1200 - 1300	
		Thursday 20 November	1200 - 1300	
		Monday 24 November	1200 - 1300	
		Tuesday 25 November	1200 - 1300	
		Wednesday 26 November	1200 - 1300	
		Thursday 27 November	1200 - 1300	

GOLF IS GOOD - DUBAI FITNESS CHALLENGE

Golf Tec Dubai	30 minutes - Introduction session - All standards	Wednesday 12 November	1000 - 1200	Call or Whats App 055 533 6711
	One hour Game simulator time - All standards	Wednesday 12 November	1000 - 1200	
	30 minutes - Introduction session - All standards	Thursday 13 November	1000 - 1200	
	One hour Game simulator time - All standards	Thursday 13 November	1000 - 1200	
	30 minutes - Introduction session - All standards	Wednesday 19 November	1000 - 1200	
	One hour Game simulator time - All standards	Wednesday 19 November	1000 - 1200	
	30 minutes - Introduction session - All standards	Thursday 20 November	1000 - 1200	
	One hour Game simulator time - All standards	Thursday 20 November	1000 - 1200	
	30 minutes - Introduction session - All standards	Wednesday 26 November	1000 - 1200	
	One hour Game simulator time - All standards	Wednesday 26 November	1000 - 1200	
	30 minutes - Introduction session - All standards	Thursday 27 November	1000 - 1200	
	One hour Game simulator time - All standards	Thursday 27 November	1000 - 1200	

Jumeirah Golf Estates	30 mins Group Golf Lesson - All Standards	Monday 10 November	1800 - 1830	Email jgeacademy@dubaigolf.com	
	30 mins Group Golf Lesson - All Standards	Tuesday 11 November	1500 - 1600		
	30 mins Group Golf Lesson - All Standards	Wednesday 12 November	1100 - 1200		
	Walk to Win Challenge at the DP World Tour Championship	Thursday 13 November	0800 - 1800	<u>Tickets - DP World Tour Championship</u>	
	Golf For All lessons at the DP World Tour Championship	Thursday 13 November	1300 - 1600		
	Walk to Win Challenge at the DP World Tour Championship	Friday 14 November	0800 - 1800		
	Golf For All lessons at the DP World Tour Championship	Friday 14 November	1300 - 1600		
	Walk to Win Challenge at the DP World Tour Championship	Saturday 15 November	0800 - 1800		
	Golf For All lessons at the DP World Tour Championship	Saturday 15 November	1530 - 1600		
	Walk to Win Challenge at the DP World Tour Championship	Sunday 16 November	0800 - 1800		
	Golf For All lessons at the DP World Tour Championship	Sunday 16 November	1300 - 1600		
	30 mins Group Golf Lesson - All Standards	Monday 17 November	1800 - 1830		Email jgeacademy@dubaigolf.com
	30 mins Group Golf Lesson - All Standards	Tuesday 18 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Wednesday 19 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Thursday 20 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Friday 21 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Saturday 22 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Sunday 23 November	1800 - 1830		
	30 mins Group Golf Lesson - All Standards	Monday 24 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Tuesday 25 November	1830 - 1900		
	30 mins Group Golf Lesson - All Standards	Wednesday 26 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Thursday 27 November	1800 - 1830		
	30 mins Group Golf Lesson - All Standards	Friday 28 November	1730 - 1800		
	30 mins Group Golf Lesson - All Standards	Saturday 29 November	1730 - 1800		
30 mins Group Golf Lesson - All Standards	Sunday 30 November	1730 - 1800			

Montgomerie Golf	Introduction to golf - Group lesson - Beginners	Monday 10 November	1000 - 1100	Email mariellet@montgomeriegolfclubdubai.com

GOLF IS GOOD - DUBAI FITNESS CHALLENGE

Top Golf Dubai	30 minutes of Free game time on level 1	Monday 10 November	1000 - 1400	Topgolf Webpage https://sevn.ly/x4RCtMU8
	30 minutes of Free game time on level 1	Tuesday 11 November	1000 - 1400	
	45 minutes Group Golf Lesson	Tuesday 11 November	1100 - 1145	
	30 minutes of Free game time on level 1	Wednesday 12 November	1000 - 1400	
	30 minutes of Free game time on level 1	Thursday 13 November	1000 - 1400	
	30 minutes of Free game time on level 1	Friday 14 November	1000 - 1400	
	30 minutes of Free game time on level 1	Monday 17 November	1000 - 1400	
	30 minutes of Free game time on level 1	Tuesday 18 November	1000 - 1400	
	30 minutes of Free game time on level 1	Wednesday 19 November	1000 - 1400	
	30 minutes of Free game time on level 1	Thursday 20 November	1000 - 1400	
	30 minutes of Free game time on level 1	Friday 21 November	1000 - 1030	
	30 minutes of Free game time on level 1	Monday 24 November	1000 - 1400	
	30 minutes of Free game time on level 1	Tuesday 25 November	1000 - 1400	
	45 minutes Group Golf Lesson	Tuesday 25 November	1100 - 1145	
	30 minutes of Free game time on level 1	Wednesday 26 November	1000 - 1400	
	30 minutes of Free game time on level 1	Thursday 27 November	1000 - 1400	
	30 minutes of Free game time on level 1	Friday 28 November	1000 - 1400	

The Els Club, Dubai	Gym class for improved Golf performance - All standards	Wednesday 19 November	1000 - 1100	Email info@ch3performancegolf.com
	Learn the Basic Fundamentals Group Golf Lesson - All standards	Wednesday 19 November	1200 - 1300	
	Gym class for improved Golf performance - All standards	Wednesday 26 November	1000 - 1100	
	Learn the Basic Fundamentals Group Golf Lesson - All standards	Thursday 31 November	1200 - 1300	

GOLF IS GOOD - DUBAI FITNESS CHALLENGE

|