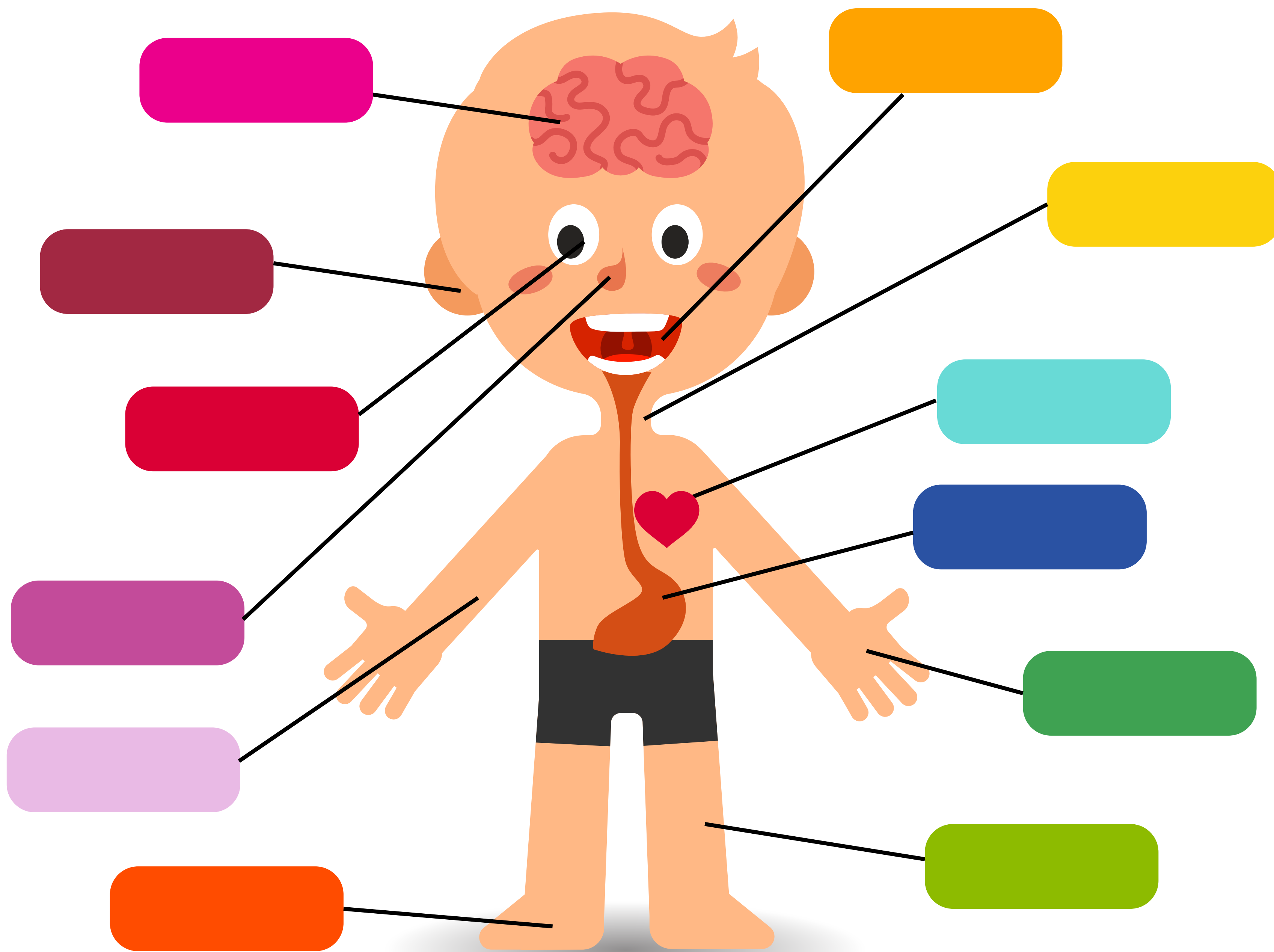


YOUR AMAZING BODY!

Match the labels to the parts of the body! Look at how many parts there are. You need to always look after your body by eating healthy food, sleeping well, drinking water, and exercising!



- NOSE
- ARM
- HAND
- STOMACH
- EYE
- HEART
- LEG
- BRAIN
- EAR
- NECK
- FOOT
- MOUTH

WHAT'S YOUR 30?
30 MINUTES. 30 DAYS.



modesh

#MoveWithModesh

MyModesh.com

[f](#) [@](#) [t](#) mymodesh

#Dubai30x30 dubaifitnesschallenge.com [f](#) [@](#) [t](#) dubaifitnesschallenge [t](#) dxbfitchallenge