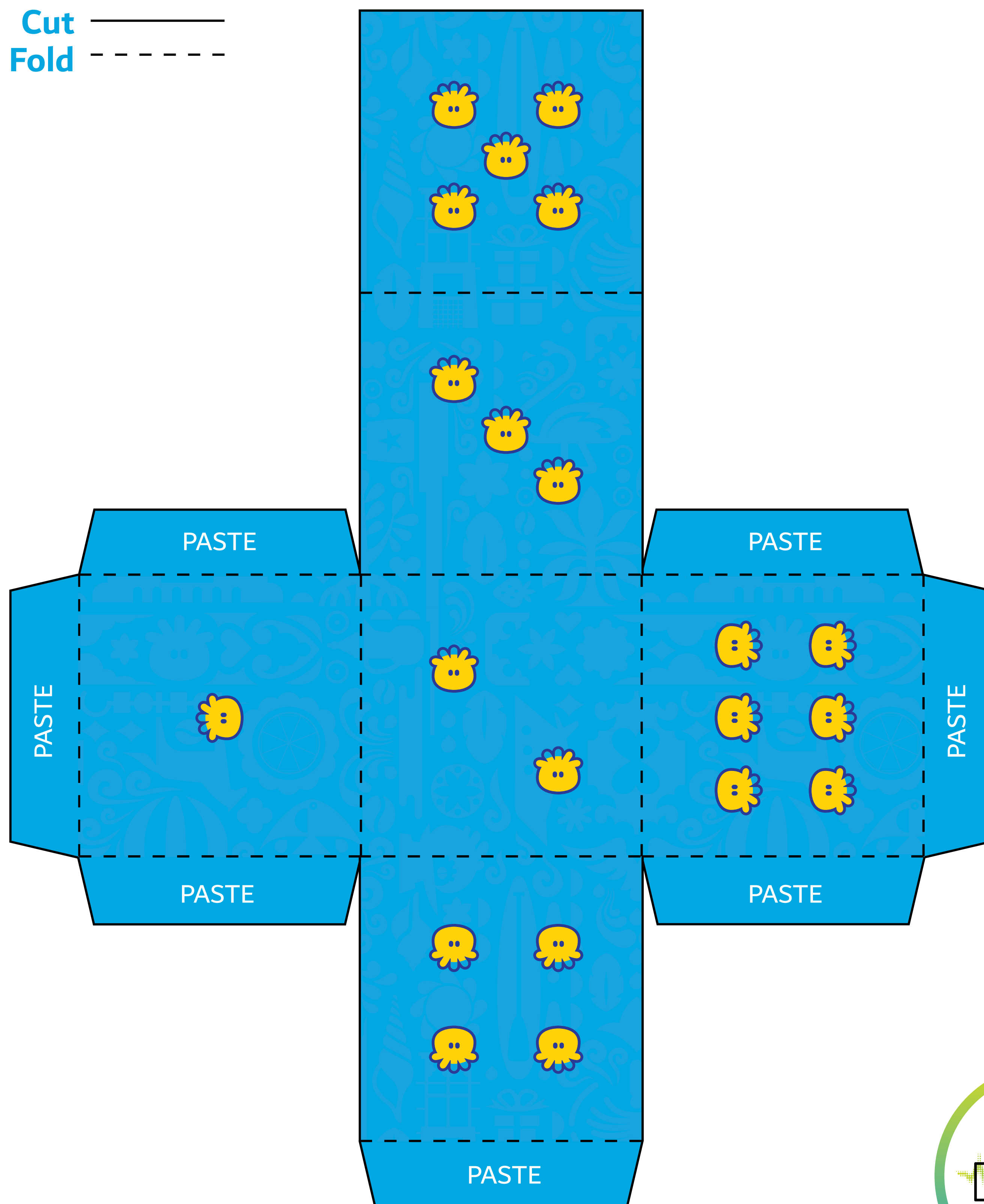


ROLL THE FIT DICE!

Print and cut out the template below, then stick up the sides and create your own. Remember to ask an adult to help you out.

Cut _____
Fold - - - - -



WHAT'S
YOUR **30**?
30 MINUTES. 30 DAYS.



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