

# DFC FITNESS HUB - SCHEDULE



FITNESS HUB NAME

THE GRAND HYATT WATERPARK 30X30 FITNESS HUB

WEEK 1 - 31 OCTOBER TO 6 NOVEMBER

| SATURDAY   | SUNDAY     | MONDAY                                     | TUESDAY                                    | WEDNESDAY                                  | THURSDAY                                   | FRIDAY                                     |
|------------|------------|--------------------------------------------|--------------------------------------------|--------------------------------------------|--------------------------------------------|--------------------------------------------|
| 31 OCTOBER | 1 NOVEMBER | 2 NOVEMBER                                 | 3 NOVEMBER                                 | 4 NOVEMBER                                 | 5 NOVEMBER                                 | 6 NOVEMBER                                 |
|            |            | 8:15 - 8:45<br>Swimming Class<br>Wave Pool | 8:15 - 8:45<br>Swimming Class<br>Wave Pool | 8:15 - 8:45<br>Swimming Class<br>Wave Pool | 8:15 - 8:45<br>Swimming Class<br>Wave Pool | 8:15 - 8:45<br>Swimming Class<br>Wave Pool |
|            |            | 9:00 - 9:30<br>Swimming Class<br>Wave Pool | 9:00 - 9:30<br>Swimming Class<br>Wave Pool | 9:00 - 9:30<br>Swimming Class<br>Wave Pool | 9:00 - 9:30<br>Swimming Class<br>Wave Pool | 9:00 - 9:30<br>Swimming Class<br>Wave Pool |
|            |            |                                            |                                            |                                            |                                            |                                            |
|            |            |                                            |                                            |                                            |                                            |                                            |

BOOK VIA: Email [Info.grandhyattdubaiwaterpark@hyatt.com](mailto:Info.grandhyattdubaiwaterpark@hyatt.com)

# DFC FITNESS HUB - SCHEDULE



FITNESS HUB NAME

THE GRAND HYATT WATERPARK 30X30 FITNESS HUB

WEEK 2 - 7 NOVEMBER TO 13 NOVEMBER

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7 NOVEMBER

8 NOVEMBER

9 NOVEMBER

10 NOVEMBER

11 NOVEMBER

12 NOVEMBER

13 NOVEMBER

8:15 - 8:45  
Swimming Class  
Wave Pool

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9:00 - 9:30  
Swimming Class  
Wave Pool

9:00 - 9:30  
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